

TREATMENT RECOMMENDATIONS

Actinic Keratoses

Any scaly crusts should first be removed to ensure good penetration of photosensitizer. It is a highly effective treatment and should be offered as first choice, particularly for large areas, eg scalp. (See figure 1).

The cosmetic outcome is superior to Cryotherapy.

Bowens Disease

Should be considered first line treatment. Two treatments are recommended 7-10 days apart. (See figure 2).

Basal Cell Carcinomas

Superficial BCCs

Very effective with good cosmesis. Advisable to roughen skin by light curettage to remove any scales. Two treatments are recommended 7-10 days apart.

Nodular BCCs

Effective and reliable particularly small nodular, less than 2mm deep. BCCs must be debulked by Curettage before treatment. (See figure 3).

The best way to debulk is with Radiofrequency loop shave. (See figure 4).

Two treatments are recommended 7-10 days apart. New studies show excellent long term efficacy. (Approximately 85% long term cure rate.)

CANCER PREVENTION

In immunosuppressed patients PDT may be used as prevention of:

1. Actinic Keratoses
2. Basal Cell Carcinomas
3. Squamous Cell Carcinomas



Figure 2A: Bowens Disease



Figure 2B: Bowens Disease after 1 treatment



Figure 2C: Bowens Disease Post PDT